



KATHY HOCHUL
Governor

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Commissioner

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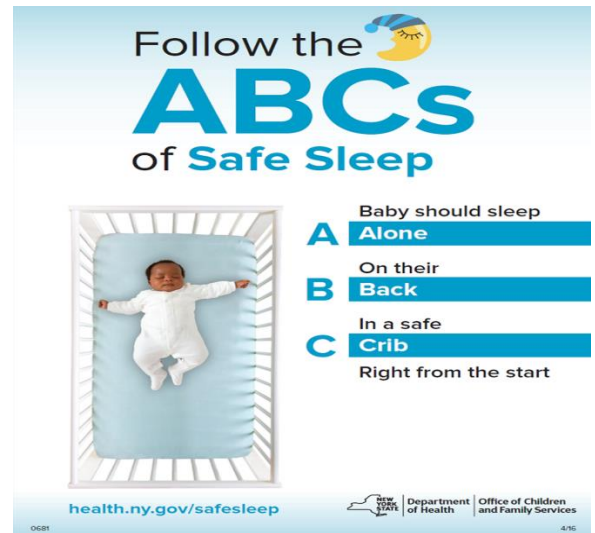
Dear Provider,

Each year in the United States, there are more than 3,500 sleep-related infant deaths. Many of these are the result of unsafe practices. It is imperative child care providers utilize safe sleep practices in their program and share information about safe sleep with the families they serve. Together, we can help prevent further tragedy.

Do You Know the ABCs of Safe Sleep?

It's very simple, A = Alone, B = Back, C = Crib.

- Alone - babies are safest when they sleep alone in a safe crib right from the start.
Back - babies should be placed on their backs in a safe crib.
Crib - babies should be placed in a safe crib that is free of soft objects or loose bedding...



In child care programs, sleeping arrangements for infants through 12 months of age require that the infant be placed flat on their back to sleep unless medical information from a child's health care provider is presented to the program...

Become a Safe Sleep Ambassador!



Cribs for Kids is offering a no cost training that focuses on the health, safety and well-being of infants. This 20 to 30 minute on-line course explains why safe sleep practices are so important. Participants who successfully complete the training (score 90% or higher) will receive a certificate. The certificate may be used toward the biennial training requirement. To become a Safe Sleep Ambassador click on the following link: [Safe Sleep Ambassador – Cribs for Kids.](#)

New Information Regarding Inclined Infant Sleep Products

The Consumer Product Safety Commission is advising to stop using infant sleep products with inclined seat backs of more than 10 degrees. Additional information can be found on their website at: <https://www.cpsc.gov/Newsroom/News-Releases/2020/CPSC-Cautions-Consumers-Not-to-Use-Inclined-Infant-Sleep-Products>.

Free Resources for Providers

- OCFS has created a webpage dedicated to prevention strategies. One of the highlighted areas is safe sleep. On this webpage you can find information related to safe sleep as well as videos and publications. To learn more, go to: [Safe Sleep | Child Protective Services | OCFS \(ny.gov\)](#)
- The NYSDOH offers limited quantities of free educational materials to New York State residents and organizations. Select materials include magnets, mirror clings, posters, crib cards, and videos available in English and six other languages. Providers can request up to 200 copies of 10 different publications. To view the publications and place an order, please go to the NYS DOH website at the following link: [Safe Sleep For Baby \(ny.gov\)](#). Consider sharing these resources with families.
- New York Loves Safe Babies publications including flyers, tip sheets, brochures, and magnets can be ordered by completing the New York Loves Safe Babies Publication Request at the following link: <https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Focfs.ny.gov%2Fprograms%2Fprevention%2Fassets%2Fdocs%2FNew-York-Loves-Safe-Babies.docx&wdOrigin=BROWSELINK>. Submit the completed form via email to ocfs.sm.forms@ocfs.ny.gov or mail to: Forms and Publications Unit, 52 Washington Street, Room 115/116 South, Rensselaer, NY, 12144, Attn: Keith Lever.

Thank you for your commitment to ensuring the children enrolled in your program sleep safely.

Sincerely,

A handwritten signature in black ink that reads 'Nora Yates'.

Nora K. Yates
Deputy Commissioner
Division of Child Care Services